



# FHT FOR YOU

## Sue Griffis Receives Women of Hope Award

Our Executive Director, Sue Griffis, recently received the “Women of Hope Provincial Spirit Award” from the Diabetes Hope Foundation. This organization provides scholarships and opportunities for children and youth living with diabetes.

When she was CEO of Ontario’s Northern Diabetes Health Network, Sue made the Diabetes Hope Foundation one of her community partners. Sue’s organization was able to fund and support a variety of the Foundation’s projects. These translated into improved health outcomes.

Barbara Pasternak, the Foundation founder and chair, announced this to Sue, “Your dedication and support of the foundation and our community programs truly has made a difference in the lives of children and youth living with diabetes”.



Sue, we are so thankful to have you at NYFHT. Many congratulations on this meaningful award.

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## Referrals to Heart Health



This is a reminder that all patients referred to dietitians for high blood pressure or high cholesterol must attend Heart Health as a first step. Afterwards, if they still feel they need a one-on-one session with a dietitian, they can arrange it.

This process ensures that about 15 patients receive the same health teaching at once – saving many hours of AHP time. Since we only have 3 dietitians for the whole FHT (and since our organization runs on tax dollars), these types of efficiencies are important.

Of course, there are exceptions made for those with disabilities (vision or hearing impaired, for example). If this is the case, please alert your dietitian in your EMR message. Thanks to all for helping NYFHT run smoothly and efficiently.

## Referral Tear-Off Pad

We are in the midst of making a few improvements to the Referral Tear-Off Pad, then we will print more and distribute to physician offices. We thank all physicians and nurses for their feedback on how to make it better. We are incorporating the feedback that made practical sense within the organization.



## North York Central Health Links

This is just a reminder that NYFHT is a partner in our local HealthLinks initiative. As you've heard (many times over!), this program aims to better address the health needs of people who use hospital services the most.

If you have a patient that you feel is at high risk of admission / readmission or who uses the emergency room frequently, you can refer to Health Links as follows:

- fill out the PRA Tool for the patient
- if the score is 50% or higher chance of hospital admission, then fill out a referral to Central CCAC
- on the CCAC referral form, write the PRA score and indicate "HealthLinks"
- also indicate some dates / times you would be available for a case conference

If you need the PRA calculating tool, you can get it from Tory Merritt at [tory.merritt@nygh.on.ca](mailto:tory.merritt@nygh.on.ca)

The case conference is billable. Tory has suggested billing codes as well.

Don't worry if the patient does not live in Central CCAC - the Health Links people will sort that out, as this initiative exists in every LHIN.

## Reminder re: How to Refer Within NYFHT

We are attaching the reminder sheet for how to make referrals, as we occasionally get questions about this.

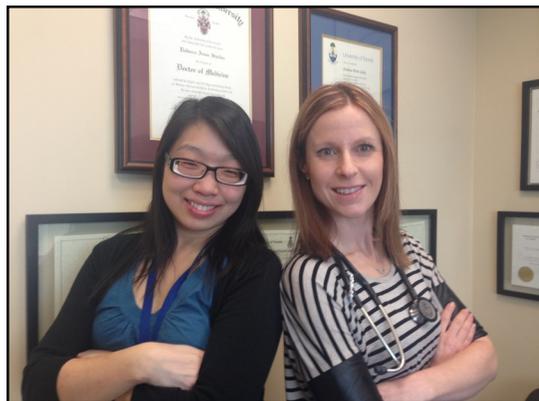
## Rubbing Shoulders with Your Allied Health Providers

The word “propinquity” refers to either nearness in space or nearness in relationship. After first hearing it from Dr. Zubin Austen, the incredibly inspiring guest speaker for this spring’s All-FHT meeting, I still cannot figure out how to use it in a sentence. But I do think often about how nearness in space does allow for nearness in relationship!

Over the past year, some of the AHPs have needed to “settle down” geographically to one or two work locations. Some AHPs were travelling to up to 6 places of work each week, which became exhausting. The significant amount of time spent travelling meant that staff either didn’t get breaks or they had less clinical time to spend with patients. This change was much needed.

Physicians and nurses, if you are not seeing your AHP colleagues as much as you’d like, please invite them to come to your office meetings or social functions.

“Create a little propinquity”? Is that a sentence that works??



*Rita Ha, Pharmacist and Jordana Sacks, physician, “rubbing shoulders”*